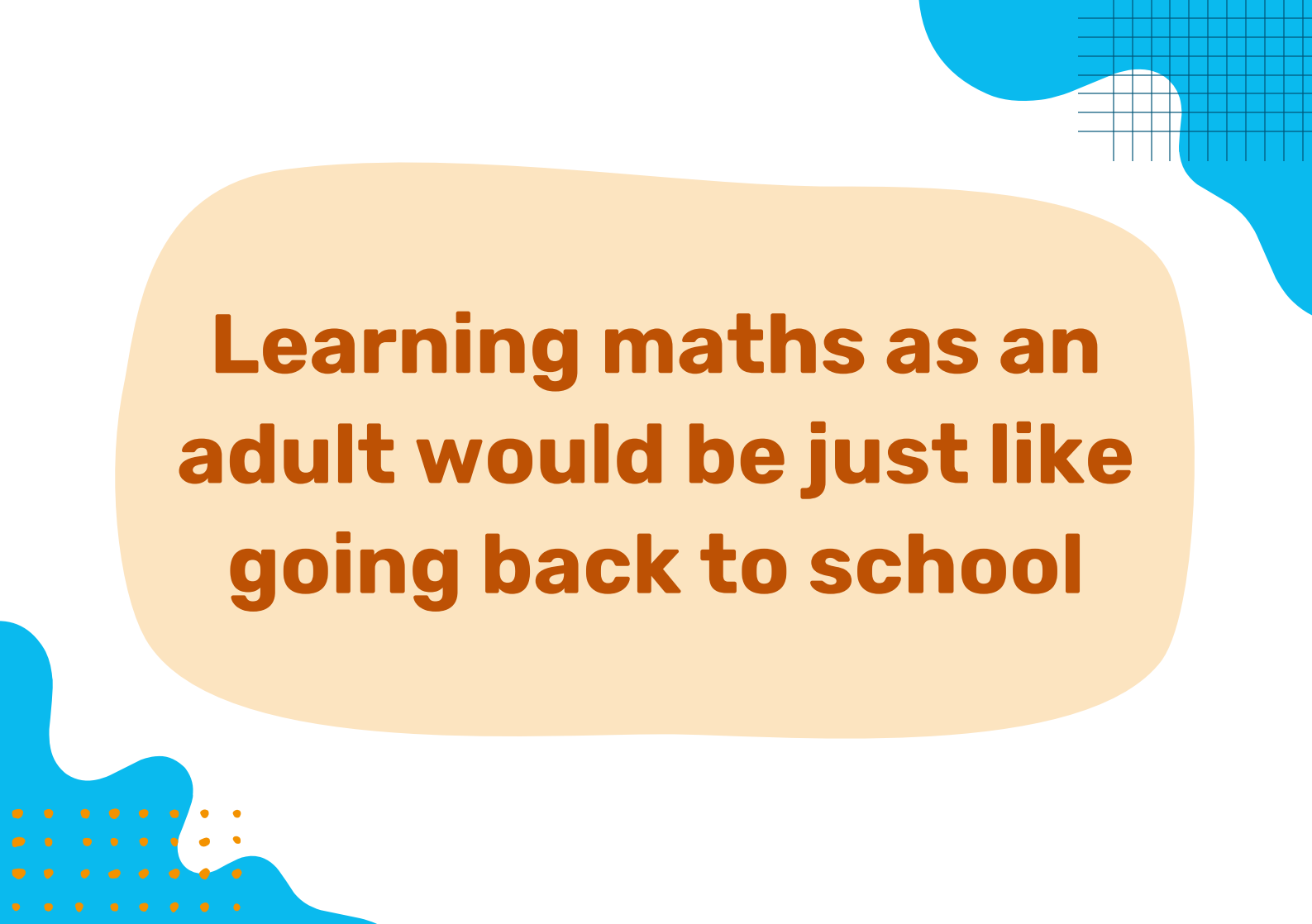


**Everyone uses maths
everyday whether they
think about it or not**

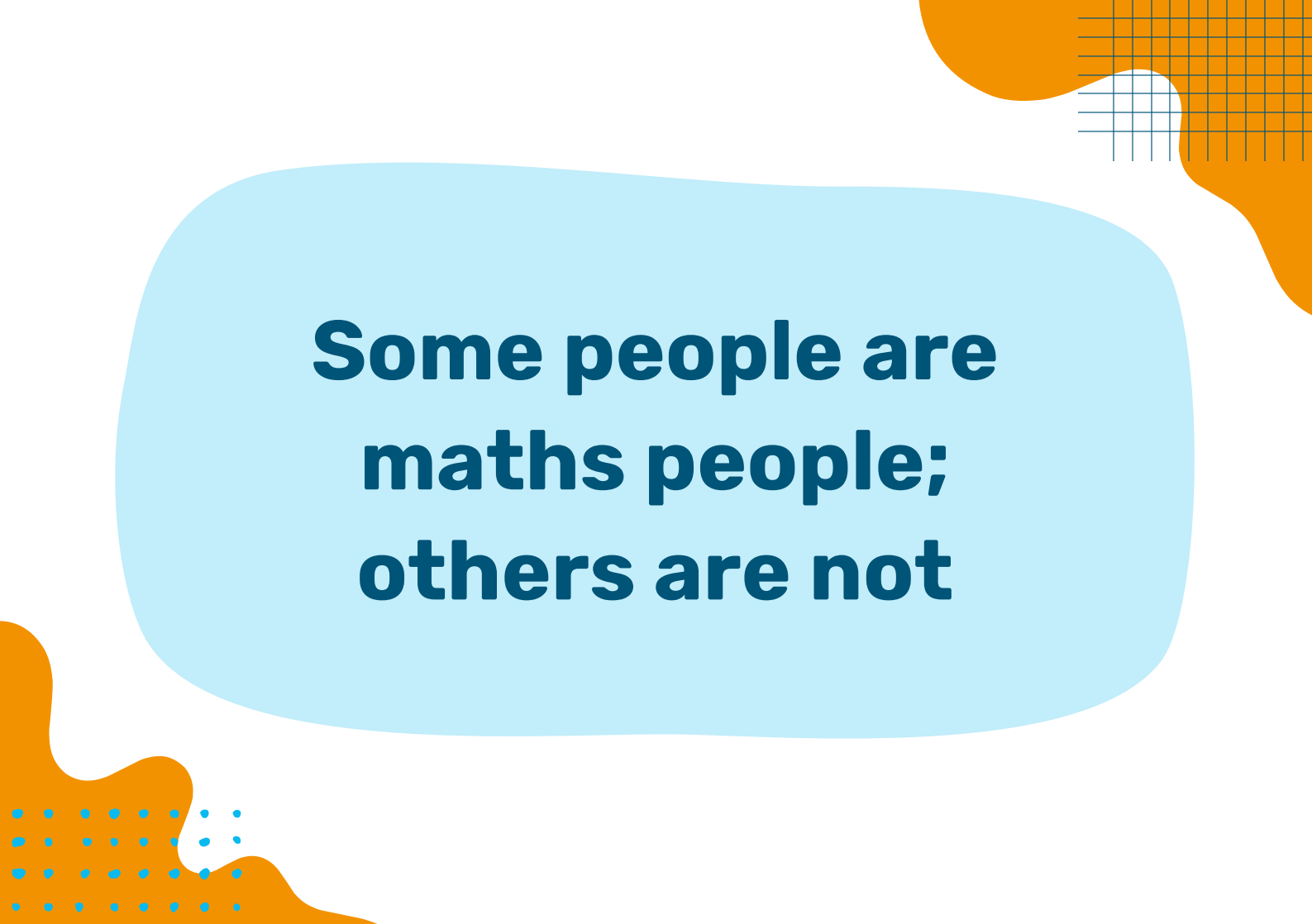
TRUE We might not consciously recognise what we're doing as maths – especially if we think of maths in terms of things we learnt at school – but we do all use maths every day. This can include planning journeys or budgeting for a weekly shop.



**Learning maths as an
adult would be just like
going back to school**

FALSE

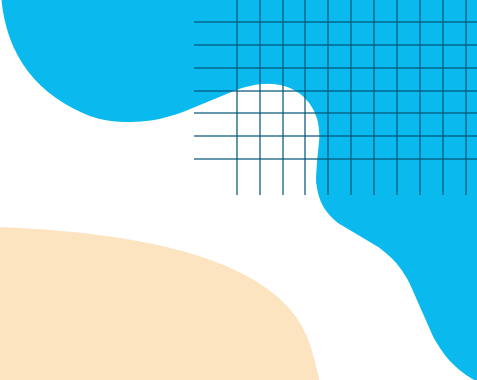
Learning maths as an adult is not like going back to the classroom. As adults, we have a number of choices. We can choose what we learn around maths, whether we are just refreshing our skills on a particular topic or whether we are taking on a qualification. We can choose how and where we learn too.



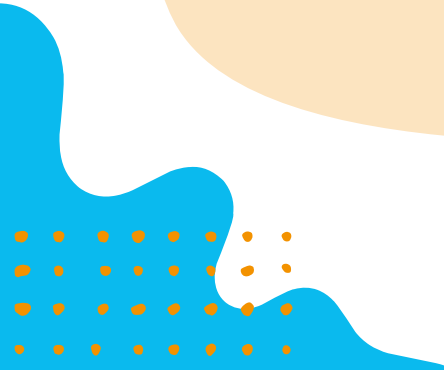
**Some people are
maths people;
others are not**

FALSE

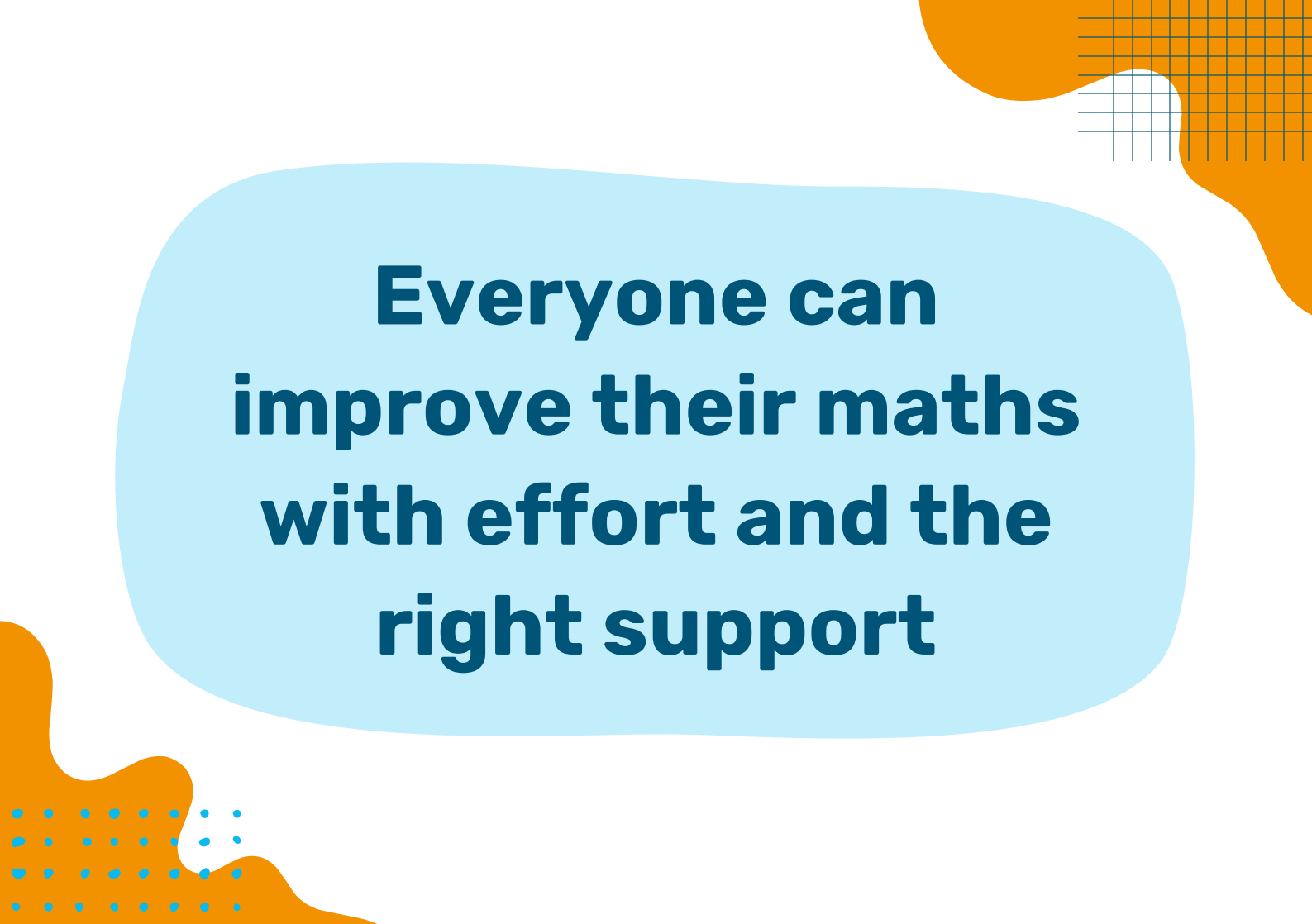
It's true that people reach adulthood with varying levels of ability, but this is not because they were born with or without the ability to do maths. It is about nurture, not nature – such as those good or bad school experiences. Your environment, schooling, preferences and confidence can all have an impact on how you feel about maths.



**You don't need
maths if you have a
calculator**



FALSE Calculators can take the pressure off, but even with a calculator you do still need some maths. Without some numeracy skills, you wouldn't know what to key into your calculator or what functions to use. You need to know how to translate your real-world problem into something the calculator can understand.



**Everyone can
improve their maths
with effort and the
right support**

TRUE

Our ability is not fixed when it comes to maths. Not everyone will become a maths expert but everyone can improve. Improving can look different for everybody and everyone is on their own journey. For some, it might be a qualification and for others, it might be that they can leave the house on time to catch the right train to get to work.